

Did you know?

From 1st October 2015 it will be illegal to smoke in vehicles with someone under 18 present.

The new law helps protect children from the dangers of secondhand smoke. Both the driver and the smoker can be fined £50 if anyone smokes in the vehicle.

For more information about the new legislation, visit gov.uk/smokefreecars.









Over 80% of cigarette smoke is invisible

So, no matter how careful you are, your children can still breathe in harmful poisons. This puts them at risk of conditions including meningitis, cancer, and respiratory infections such as bronchitis and pneumonia.

Opening the window does not remove the harmful effect of cigarette smoke.

For free, proven support to help you quit search Smokefree.





